

Can I have an interpreter?

Yes. Ask if you need an interpreter. Interpreters are free.

How do I get support?

To access our Gambler's Help services contact (03) 7037 2104 or email gamblerhelp@ipchealth.com.au

You are welcome to bring a support person with you.

Other support services

- Gambler's Helpline: 1800 858 858
- Peer Connection: 1300 133 445
- Lifeline: 13 11 14
- National Debt Helpline: 1800 007 007



IPC Health acknowledges the support of the Victorian Government.

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IPC HEALTH CORPORATE OFFICE

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Deer Park

106 Station Road

Deer Park VIC 3023

Phone: 9219 7142

St Albans

1 Andrea Street

St Albans VIC 3021

Phone: 03 9296 1200

Sunshine (opening May 2022)

499 Ballarat Road

Sunshine VIC 3020

Phone: 1300 472 432

Altona Meadows

330 Queen Street

Altona Meadows VIC 3028

Phone: 03 8368 3000

Hoppers Crossing

117-129 Warringa Crescent

Hoppers Crossing VIC 3029

Phone: 03 8734 1400

Wyndham Vale

510 Ballan Road

Wyndham Vale VIC 3024

Phone: 03 9216 7777

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Gambler's Help



The logo for IPC Health, featuring the letters 'ip' in a lowercase, rounded font, followed by 'C' in a larger, bold, uppercase font, and 'Health' in a standard sans-serif font. A small red dot is positioned above the 'i'.

What is Gambler's Help?

Gambler's Help is a free and confidential non-judgmental service available to individuals, families, and communities affected by gambling harm.

What does Gambler's Help offer?

- Counselling
- Financial Counselling
- Community Education
- Venue Support

Counselling Support

- Helps you understand how and why gambling has become a problem and manage gambling harm
- Helps you work out your goals and find ways to work through your problems
- Talk about other parts of your life and help you improve your relationships
- Support you for as long as you need

Financial Counselling

- Helps you understand your financial situation and how you can improve that
- Know your legal rights and options regarding your finances
- Talk with banks or finances companies that money is owed to and inform you about government assistance
- Inform you about other services that can help you

Community Education

- Provide support and work with communities to reduce gambling harm
- Increase community awareness and knowledge of the many ways to access support
- Promotion and education services for health and welfare professionals
- Focus on prevention, early intervention and support for communities

Venue Support

- Provide training to gaming venue staff with knowledge and skills so that gaming is provided responsibly
- Assist venues in building and strengthening responsible gaming environments
- Assist venues to meet requirements for responsible gambling codes of conduct
- Raise awareness among venue staff on Gambler's Help services, self-exclusion programs and community support services

Who can use this service?

People who gamble, their families, friends and communities affected by gambling harm.

Anyone who lives, works or studies in the Brimbank, Maribyrnong, Wyndham and Hobson's Bay areas can access this service.

